

NRA PERSONAL PROTECTION OUTSIDE THE HOME

BASIC STUDENT COURSE PARTS I & II AND INSTRUCTOR TRAINING

CHARLOTTESVILLE, VA

MARCH 13 - 15, 2009

Friday 13 March

PPOTH Basic Level I

07:00 - 08:00 Gathering Period

08:00 - 09:00 Lesson I

Introduction to Concealed Carry Safety and the
Defensive Mindset (C)

09:00 - 10:00 Lesson II

Introduction to Self-Defense and Concealed Carry (C)

10:00 - 11:00 Lesson III

Legal Aspects of Concealed Carry and Self-Defense (C)

11:00 - 12:00 Lunch

12:00 - 13:00 Lesson IV

Carry Modes and Concealment (C)

13:00 - 14:30 Lesson V

Presenting the Handgun from Concealment (R)

14:30 - 16:30 Lesson VI

Presentation, Position, and Movement (R)

16:30 - 17:00 Lesson VIII

Sport Shooting Activities and Training Opportunities (C)

17:00 - 18:00 Lesson IX

Course Review and Examination (C)

Saturday 14 March

PPOTH Basic Level II

07:30 - 08:00 Gathering Period

08:00 - 13:00 Lesson VII

Special Shooting Techniques (R) (Low Light around 12:00)

13:00 - 14:00 Lunch

PPOTH Instructor Training

14:00 - 15:00 Lesson VI

Introduction to NRA Basics of Personal Protection Outside the
Home Course Lesson Plans (C)

15:00 - 19:00 Lesson VII

Teaching Basics of Personal Protection Outside the Home
Lesson V: Presenting the Handgun from Concealment (R)

Sunday 14 March

PPOTH Instructor Training

07:30 - 08:00 Gathering Period

08:00 - 12:00 Lesson VIII

Teaching Basics of Personal Protection Outside the Home
Lesson VI: Presentation, Position, and Movement (R)

12:00 - 13:00 Lunch

13:00 - 19:00 Lesson IX

Teaching Basics of Personal Protection Outside the Home
Lesson VII: Special Shooting Techniques (R) (Low Light
around 18:00)

19:00 - 20:00 Dinner

20:00 - 21:00 Lesson X

Basics of Personal Protection Outside the Home
Instructor Examination (C)

We will need the following items for the classroom:

Projector system and dry-erase white board (or flip chart), chairs, tables, different types of holsters, to include: hip, IWB, SOB, fanny packs, holster purses, pancake, thigh, and ankle. I have these.

We will need the following items for the range:

Target stands, D1 (tombstone) targets (I can bring these if you don't have them), staplers, target pasters, 4 Bianchi type barricades (we can construct from large sections of cardboard and target stands if need be), brazing goggles if we are unable to shoot in low light either outdoors or on the indoor range (low light shooting happens around 12:00 on Saturday and again around 18:00 on Sunday), a chair for everyone while on the range, and a table for equipment.

Students will need the following items:

Bring the appropriate clothing, a defensive type handgun (either a revolver, preferably, .38spl or larger or a semi-auto, preferably, 9mm or larger), at least two magazines or speed loaders/speed strips for the handgun, at least 5 dummy rounds for your handgun, a hip or inside waistband hip holster and belt (no competitive type or "open" holsters), 500 rounds of ammunition, a concealment garment or concealing clothes you would normally wear when carrying a concealed handgun, ear and eye protection, three-ring binder for the lesson plans, pens or pencils, and a notebook.

Please bring plenty of water or, even better, some kind of sports drink that will replenish depleted electrolytes from your body. If it is hot on the range (summertime classes), dehydration is a concern.

Students might consider bringing the following items:

Magazine carriers for your belt, knee pads, and some kind of snack food for the breaks.

Additional Information

This course is a bit different from previous NRA training courses.

- 1) The PPOTH basic course is divided into two parts, or "levels". Level 1 is 9 hours in length and contains the core material. This part can be used as a stand-alone class or in conjunction with Level 2.
- 2) Level 2 is 5 hours in length and contains some intermediate level handgun shooting techniques. Level 2 is only available to those who have successfully completed Level 1.
- 3) As a prerequisite to the PPOTH basic class, you must have successfully completed an NRA Personal Protection in the Home course or pass the pre course assessment.
- 4) As a prerequisite to the PPOTH instructor level class, you must hold the Certified Instructor rating in Basic Pistol and Personal Protection in the Home, have successfully completed Levels 1 and 2 of the PPOTH basic class, and pass the pre course assessment (with 88%). (The pre course assessment is the "student exam" given at the end of the basic course.) The PPOTH instructor course is 16 hours in length.
- 5) Current certified instructors who haven't had the basic instructor training (BIT) within the previous year may take the basic instructor training examination prior to the start of the instructor course. You must pass this examination with a score of at least 90%. Please let me know if you will need to take this examination.
- 6) The rules on safe handgun handling are much more stringent. Pointing firearms (loaded or not) at others during this class will result in dismissal.